



Subject on a Page: PSHE



We aim to...

At Brackenhill we use a PSHE Programme - 3D PSHE - in which pupils develop the knowledge, skills and attributes needed in order to keep themselves healthy and safe whilst preparing them for life and work. The programme of study, reflects the 2020 guidance and covers all aspects of Relationships Education and Health Education in an age-appropriate way.

The 3D PSHE Programme provides pupils with the means to handle many of the social, cultural, spiritual, physical and moral issues that occur throughout life. It helps pupils to develop and demonstrate skills and attitudes that will allow them to participate fully, and contribute positively, to life in modern Britain. Pupils learn to respect similarities and differences between our diverse cultures in order to build successful and meaningful friendships and relationships that are vital to the world we live in.

How do we achieve our aims?

Our Curriculum

At Brackenhill, we have three underlying core themes taught throughout Dimensions 3D PSHE for KS1 and KS2 which include, Health and Wellbeing, Relationships and Living in the Wider World. Within the 3 underlying core themes, we incorporate the British values including, Rule of law, Democracy, Mutual Respect, Individual Liberty and Acceptance. A top up theme on Extremism and Radicalisation is also taught. This enables pupils to understand the difference between fact and opinion and recognise what is right and wrong when dealing with situations involving confrontation.

Personal Safety

Throughout KS1 and KS2, all pupils start off with the safe, online safety zone unit which runs all throughout the year. This helps them learn about safe relationships, focusing on boundaries and privacy and ensuring that they understand that they have rights over their own bodies. This also covers understanding boundaries in friendships with peers, in families and with others, in all contexts, including online.

Reporting Concerns

In 3D PSHE, pupils are clearly taught how to report concerns and seek advice when they suspect or know that something is wrong. Of paramount importance, is ensuring the balance between

informing children about making sensible decisions to stay safe, including online without frightening them unnecessarily, whilst also making it clear that it is never the fault of a child who is exploited or abused, and why victim blaming is always wrong.

Online Safety

3D PSHE lessons teach pupils about online safety and appropriate behaviour online, including sharing data and ways in which information provided by users may be used negatively.

EYES

In Nursery, there are three underlying core themes taught throughout Dimensions 3D PSHE, which include, Managing Self, Self-Regulation and Building Relationships. Within the 3 underlying core themes, British values are taught including, Rule of law, Democracy, Mutual Respect, Individual Liberty and Acceptance. These core themes and British values are revisited again in Reception, but in reverse order. This enables children to recall and build upon previous learning.

Assessment

Assessment opportunities are built into each lesson through immediate engagement discussions of children's existing knowledge. Every lesson ends with a plenary, giving an opportunity to consolidate and reflect upon learning. Each unit begins with a Kahoot quiz and ends with a kahoot quiz, providing an opportunity for baseline assessment.

How will we know we have achieved our aims?

Our school's careful use of 3D PSHE teaches about families in a well-judged and sensitive way, based on a clear knowledge of the pupils and their circumstances, reflecting that some children have different family structures and supportive relationships. They learn how to take turns, how to treat each other with kindness, consideration and respect, the importance of honesty and truthfulness, permission seeking and giving, and the concept of personal privacy. Establishing personal space and boundaries, showing respect and understanding, including the differences between appropriate and inappropriate or unsafe physical, and other, contact are the forerunners of teaching about consent, which takes place at secondary. 3D PSHE's Relationship Education encourages the development and practice of resilience and perseverance, self-respect and self-worth. Pupils are also helped to develop personal attributes including honesty, integrity, courage, humility, kindness, generosity, trustworthiness and a sense of justice. In 3D PSHE, this is achieved through a plethora of exciting and innovative learning experiences for in active citizenship. Pupils apply their understanding of society, through outings within the local community including, 'Brackenhill on Tour' and other trips linked to the National Curriculum. Pupils also have opportunities to attend various after school clubs. At Brackenhill, the Spiritual, Moral, Social and Cultural (SMSC) development and the core themes are embedded through the 3D PSHE and the R.E curriculum; class assemblies, weekly key stage assemblies and music assemblies throughout the term. Pupils are taught about positive emotional and mental wellbeing, including how friendships can support mental wellbeing. At Brackenhill, our Elmer provision provides tailored mentoring from the learning mentors, through live face to face discussions and learning linked to specific targets for pupils with SEND. This is for pupils who cannot access learning through whole class teaching and require extra emotional and social support. Throughout the year, we also have a range of visits and visitors which contribute to the children's learning in PSHE.